

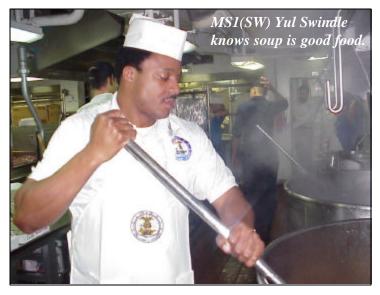
Pride is the essential ingredient

Story and Photos by JO2 David-Michael Ross

"People come from all over the country to eat in our galley," MS1(SW/AW) Yul A. Swindle said with a gleam in his eye.

Although his comment was in jest, it's obvious through watching him work as one of the Galley Watch





Captains how seriously dedicated he is to his job.

"We prepare over 6,000 meals a day. All of the MS's onboard know that our mission is to provide the fuel for our shipmates to do the jobs that they do," Swindle said.

With 14-hour work shifts being a necessity while underway, the world of the onboard galley has room only for those with a shared philosophy about customer service and hospitality.

MSSN Tyron Sanders observed," I get job satisfaction because I know that when people want the best that the ship has to offer, I have a lot to do with that. It makes me more motivated to come through for them... to make the meal the best that I can."

MS1 (SW/AW) Anthony Brown worked in the food

service industry for 12 years before joining the Navy and points out the difference between civilian and military food service.

"I feel a larger sense of honor in directly serving both my country and my customers," Brown said.

Brown supervises a



crew of more than 40 Food Service Attendants (FSA's). He feels that working in the galley is an educational experience, especially for the FSA's who are TAD for a period of 90 days in the galley.

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GALLEY, cont. from page 1

Brown said, "We try to give them a unique chance to learn about nutrition, and planning a good diet. A lot of the FSA's learn to enjoy cooking on their own once they leave us.

"Most find that it is a big change to go from standing in the chow line to standing in the serving line. I'm sure they learn a real respect for the work we do as MS's," Brown added.

With the morale of the ships crew usually in direct relation to the quality of food being served many onboard gladly share their positive feedback with the galley personnel.

"This is definitely a positive work environment," MS3 Brian E. Daniels said. "It's a win/win situation, and we also get to work at doing something that we love."





Women's History Month Luncheon

Saturday, 31 March 2001 When:

Where: Aft Mess Decks

When: Cake Cutting at 1130

To commemorate the Why:

contributions of women everywhere!

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Sailor of the Day March 29, 2001





Name: DTDN Nicholas A. Hoskin

Assigned to: Dental

Hometown: Chicago, Illinois **Reported Aboard:** February 2000

Job Description: Assists the Doctor with various dental

procedures such as fillings on patients, x-rays, route canals and

exams.

Favorite Movies: "Good Fellas"

Reason for joining Navy: "To get experience in the dental field."

Most memorable event in career: ``Seeing the Gold Souk in Jebel"

Ali. I never seen anything like that before."

Hobbies: "Reading and bowling."



Wounds abound during Mass Casualty Drill:

Through mock emergency exercises comes familiarity and competence as JCS medical department prepare for worst case scenarios.



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JCS TELEVISION Saturday, March 31



KJCS

0000 Bloodsport 2

0200 Mr. Magoo

0330 Wall Street

0600 Evening Reports

0610 Knock Off

0740 Happy Hour/FOD WD

0900 Mister Roberts

1100 Music Videos

1200 What Dreams May Come

1400 As Good As It Gets

1630 Office Space

1800 Evening Reports

1810 Videos

1900 Astronaut's Wife

2100 Reindeer Games

2300 Videos



KMOV

0000 Jackie Brown

0230 Scream 3

0430 Deuce Bigalow

0600 Evening Reports

0610 Music Videos

0710 Navy/Marine Corps News

0740 Happy Hour/FOD WD

0900 Shaft

1100 Music Videos

1200 The Untouchables

1400 The Faculty

1600 Mafia

1800 Evening Reports

1830 Star Trek: Insurrection

2030 Navy/Marine Corps News

2100 Woman On Top

2300 Videos

Final Four Breakdown

Courtesy of CNNSI.com's Grant Wahl

Michigan State will win if: The Spartans make this a half-court contest. Amazing but true, despite having Jason **Richardson**, MSU is less athletic than Arizona, and if the Spartans stay away from a fast-break tempo, their smart, screen-heavy sets will take a toll on the Wildcats, particularly Woods. But if Richardson and Marcus Taylor try to run n gun, they won't have the thoroughbreds to match up with Arizona. Moreover, the Spartans' perimeter guys (especially Charlie Bell and Taylor) will have to establish their sometimes dodgy long-range shooting early on in order to open up the middle.

Arizona will win if: The Wildcats can handle another smashmouth game the way they did against Illinois in the Midwest final. That means Loren Woods has to engage MSU's big boys for the full 40 minutes, not just the final 10, and that Michael Wright needs to throw his weight and bulk around inside while becoming more of an offensive threat. Michigan State is one of the best rebounding teams in the history of college basketball, but if Arizona can keep the Spartans' rebound margin in single digits. Lute and the boys will make a return appearance on Monday niaht.

Player to watch: Since January,
Arenas has become the go-to guy in
Arizona's attack, proving that he's the
finest scoring spark on this talentstudded team. Off the dribble he's as
quick as anybody in the country, and his
outside shot has become much more
reliable since the Wildcats' early-season
swoon. Michigan State's Bell, however,
has been locking up opposing teams'
top perimeter threats for four full
seasons, players every bit as good as
Arenas is. Look for Arenas to try and
break Bell down on the drive early in this



Duke excelled while big man Boozer (above) was injured. Now he's back.

8 p.m.

Duke will win if: The Blue Devils shoot well from the perimeter. Its not a given, of course (Duke hasn't been lights-out in this tournament), but **Shane Battier,**Jason Williams and Chris Duhon can take the defensive fight out of any team with a couple of long-range daggers early on. That's even more important against a team like Maryland, which can get shaky mentally if things don't go the Terps' way.

Maryland will win if: Steve Blake reins in Williams — again. More than any other defender, Blake has been able to muzzle Williams, who (I've said this for weeks now) is far and away the national player of the year. With his long arms and pestering perimeter D, Blake knows how to frustrate Williams all the way out to 25 feet from the basket. To do so, though, Blake will have to stay out of foul trouble.

Player to watch: Lonny Baxter. Right now Baxter is playing better than any ACC post player since, oh, Elton Brand. It's not just that Baxter wants the ball (which he surely does), but that he and the Maryland attack have also been finding ways to get him in a position to score deep down on the right block.